

FALL CONFERENCES

Missoula Medical Conference
October 24 & 25, 2014
Missoula, MT

Columbia Basin Medical Conference
November 7 & 8, 2014
Moses Lake, WA

CONFERENCE OBJECTIVES

- ◆ To fulfill regional educational gaps.
- ◆ Course is expected to help increase performance and competency level, as well as improving patient outcomes.

QUESTIONS

Any questions, please contact Diane at russocme1@gmail.com or 509-989-9800

- ◆ Please check our website for information and future conference schedules:

www.RussoCME.com

* This live activity has been planned and implemented in accordance with the Essential Elements, Criteria, and Standards of Accreditation of the Idaho State Medical Association CME Accreditation Committee through the partnership of Gritman Medical Center and Russo CME. Gritman Medical Center is an Idaho State Medical Association accredited sponsor, and designates this educational activity for a maximum of 15 hours of AMA PRA Category 1 Credit(s). Physicians should only claim credit commensurate with the extent of their participation in the activity.

EDUCATIONAL SUPPORT



FACULTY SPEAKERS

Stephen Beyers, DC
Spine Team Spokane
Spokane, WA

Kimberly Burnham, PhD
Integrative Medicine
Private Practice at St Luke's
Rehabilitation Institute
Spokane, WA

Daniel Dibble, MD
Board Cert. - Pain Medicine
Spine Team Spokane
Spokane, WA

Jerome Dirkers, MD, CDP
Board Cert. -Addiction Medicine
Dirkers and Associates
Behavioral Health
Spokane, WA

Steven R. Goodman, MD
Board Cert. -Physical Medicine,
Rehabilitation & Electrodiagnostic
Medicine
St. Luke's Rehabilitation Institute
Spokane, WA

John Hatheway, MD
Board Cert. -Anesthesiology
With Pain Management Specialty
Northwest Pain Care, Inc.
Spokane, WA

Gordon Irving, MD
Board Cert. -Anesthesiology
With Pain Management Specialty
Swedish Pain Center
Seattle, WA

Jessica Jameson, MD
Board Cert. -Anesthesiology
Pain Management of North Idaho
Coeur d'Alene, ID

Katrina Lewis, MD
Board Cert. -Anesthesiology
With Pain Management Specialty
Spokane, WA

Scott Magnuson, MD
Board Cert. -Anesthesiology
With Pain Management Specialty
Pain Management of North Idaho
Coeur d'Alene, ID

Patrick Soto, DO
Board Cert. -Physical Medicine &
Rehabilitation
Northwest Medical Rehabilitation
Spokane Spine Center
Spokane, WA

Navi Virk, DDS
Fellow: Neuromuscular Dentistry
Avenue Dental Care
Spokane, WA

Lynda Williamson, DO
Board Cert. -Family Medicine
VA Medical Center
Spokane, WA

Anthony Whitney, MS, LMHC, BCB
Licensed Mental Health Counselor
and Certified Biofeedback Specialist
St. Luke's Rehabilitation Institute
Spokane Valley, WA

RUSSOCME PRESENTS:

SPOKANE PAIN CONFERENCE

15 AMA CATEGORY 1 CREDITS
CONTINUING MEDICAL EDUCATION



SEPTEMBER 12 - 13, 2014

EARLY REGISTRATION AUG. 15
REGULAR REGISTRATION SEPT. 3

WWW.RUSSOCME.COM

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CONFERENCE

SEPTEMBER 12, 2014 7:45AM TO 5:30PM

SCHEDULE

SEPTEMBER 13, 2014 7:45AM TO 4:30PM

REGISTRATION FORM

7:30AM REGISTRATION / EXHIBITS
 7:45AM INTRODUCTIONS
 8:00AM NUTRITION FOR THE CHRONIC PAIN PATIENT
 JESSICA JAMESON, MD
 ♦ CURRENT GUIDELINES FOR DIETARY RECOMMENDATIONS ♦ EXERCISE RECOMMENDATIONS
 ♦ EFFECTIVELY ADVISE DIET TO CHRONIC PAIN PATIENTS
 9:00AM MULTIDISCIPLINARY PAIN APPROACH TO PAIN MANAGEMENT
 KATRINA LEWIS, M.B.CH.B
 ♦ DESCRIBE THIS MODEL IN CHRONIC PAIN ♦ OUTCOMES RELATED TO THIS MODEL
 ♦ NEW INNOVATIONS IN THE FIELD
 10:00AM BREAK / EXHIBITS
 10:20AM STRUCTURAL APPROACH TO MGNT OF CHRONIC PAIN
 GORDON IRVING, MD
 ♦ OUTLINE STRUCTURED APPROACH
 ♦ EDUCATIONAL TOOLS ♦ ROLE OF COMPLEMENTARY THERAPIES
 11:20AM MANAGING CHRONIC PAIN PATIENTS
 LYNDA WILLIAMSON, DO
 ♦ EVIDENCE-BASED TOOLS FOR USE IN MANAGEMENT OF PATIENTS ♦ RATIONAL RESPONSES
 TO ABBERRANT BEHAVIOR ♦ UNIFORM PAIN MANAGEMENT AGREEMENT
 12:20PM LUNCH-PROVIDED / EXHIBITS
 1:15PM BIOFEEDBACK: MANAGING THE CHRONIC PAIN PATIENT
 ANTHONY WHITNEY, MS
 ♦ INTEGRATING MIND AND BODY TREATMENT MODALITIES ♦ BIOFEEDBACK TREATMENTS
 ♦ ANALYZE WARNING SIGNS ♦ BIOFEEDBACK DEMONSTRATION
 2:15PM BACK PAIN FOR PRIMARY CARE
 DANIEL DIBBLE, MD
 ♦ CAUSES OF LOW BACK PAIN ♦ DIAGNOSE LOW BACK PAIN
 ♦ EFFECTIVE TREATMENT OF BACK PAIN
 3:15PM BREAK / EXHIBITS
 3:30PM NEUROPATHIC MYOFASCIAL PAIN SYNDROMES
 STEVEN GOODMAN, MD
 ♦ RECOGNIZE THE HIGH INCIDENCE AND PREVALENCE ♦ RECOGNIZE THE PHYSICAL EXAM
 FINDINGS ♦ UNDERSTAND THE PROPER TREATMENT
 4:30PM POST CAR ACCIDENT PAIN
 PATRICK SOTO, DO
 ♦ INJURY MECHANISMS, PHASES OF HEALING, AND STAGES OF TREATMENT ♦ REAL WORLD
 STATISTICS OF PERMANENT INJURY ♦ SETTLING THE CASE
 5:30 PM CONFERENCE ADJOURNED
 CONFERENCE HANDOUT MATERIALS WILL BE GIVEN TO EACH PARTICIPANT ON A DVD.

7:30AM REGISTRATION / EXHIBITS
 7:45AM INTRODUCTIONS
 8:00 AM SPINAL CORD STIMULATION
 JOHN HATHEWAY, MD
 ♦ INDICATIONS OF SPINAL CORD STIMULATION ♦ WHAT IS SPINAL CORD STIMULATION?
 ♦ WHAT A PRIMARY CARE PROVIDER SHOULD KNOW ABOUT SPINAL CORD STIMULATION
 9:00AM CANCER PAIN
 SCOTT MAGNUSON, MD
 ♦ HOW CANCER CAN CAUSE PAIN ♦ PHARMACOTHERAPY FOR CANCER PAIN MANAGEMENT
 ♦ WHEN TO CONSIDER INTERVENTIONS FOR CANCER PAIN
 10:00AM BREAK / EXHIBITS
 10:20AM FACIAL PAIN: CONNECTING THE DOTS
 NAVI VIRK, DDS
 ♦ COMPLEXITY OF PAIN IN THE HEAD AND NECK REGION ♦ ADVANCES IN NEUROSURGICAL
 DENTISTRY ♦ TMD & SLEEP APNEA WITH FACIAL PAIN ♦ CRITERIA FOR REFERRAL
 11:20AM MOVEMENT IMPLICATIONS IN MYOFASCIAL PAIN
 STEPHEN BYERS, DC
 ♦ DIFFERENTIATE PAIN FROM DYSFUNCTION ♦ FLEXIBILITY AND MOTOR CONTROL DYSFUNCTION
 ♦ TREATMENT OPTIONS BEST SUITED FOR PAINFUL AND DYSFUNCTIONAL PROBLEMS
 12:20PM LUNCH-PROVIDED / EXHIBITS
 1:15PM PAIN CASE STUDIES: SPOKANE PRESCRIBED OPIOID TASK FORCE
 LYNDA WILLIAMSON, DO & MEMBERS OF OPIOID TASK FORCE
 ♦ CO-MANAGEMENT OF A CHRONIC PAIN PATIENT WITH BEHAVIORAL SERVICES
 ♦ COMMUNITY SOCIAL SERVICES ♦ REFERRALS
 2:15PM BREAK/EXHIBITS
 2:30PM HIP AND BACK PAIN FOR PARKINSON'S
 KIMBERLY BURNHAM, PHD
 ♦ ALTERNATIVE MEDICINE APPROACHES ♦ MULTIDISCIPLINARY APPROACH INCLUDING
 COMPLEMENTARY MEDICINE ♦ ACUPUNCTURE, MASSAGE THERAPY, REIKI, AND YOGA
 3:30PM BUPRENORPHINE: PREGNANCY & CHRONIC PAIN MNGT
 JEROME DIRKERS, MD, CDP
 ♦ WHAT, WHY AND HOW ♦ RESULTS IN CHRONIC PAIN
 ♦ PANEL OF PAIN PATIENTS WHO CAN DESCRIBE THEIR OWN EXPERIENCES
 4:30 PM CONFERENCE ENDS
 PRINTED MATERIAL CAN BE DOWNLOADED AT WWW.RUSSOCME.COM BY SEPTEMBER 10.

Please print legibly. Receipts will be e-mailed.

Name: _____

Degree: _____ Specialty: _____

Address: _____

City/State/Zip: _____

Phone: _____

E-mail: _____

Clinic Name: _____

Clinic City: _____

Walk in registration available. An Additional \$20 will be charged if post marked after Sept. 3, 2014.

Regular Registration Due: Sept. 3, 2014

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$395	\$365	\$240
Friday Only	\$260	\$230	\$160
Saturday Only	\$250	\$220	\$150

*OD, Pharmacy, ND & Residents **Students \$70 a day

Early Registration Due: Aug. 15, 2014

Circle Selection	MD / DO	NP/PA	RN/Allied Health*
Complete Conference	\$380	\$350	\$225
Friday Only	\$245	\$215	\$145
Saturday Only	\$235	\$205	\$135

Please make checks payable to RussoCME

Mail completed form with your check to:

RussoCME
 9207 Stonecrest Rd
 Moses Lake, WA 98837

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CH: _____ A: _____
 C: _____ O: _____

ACCREDITATION

- ♦ This live activity is accredited for 15 AMA PRA Category 1 Credits.*
- ♦ Application for prescribed credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.
- ♦ ANCC & Washington State accepts AMA Category 1 Credits for ARNP's
- ♦ Approved by Washington State Board of Pharmacy for 15 Pharmacy CE hours.
- ♦ 15 Optometry CE hours are pending with the Washington State Board of Optometry.
- ♦ Credits will count towards RN & LPN CE Competency Compliance for Washington State.

REGISTRATION

- ♦ Please mail in attached registration form. This form can also be downloaded from www.russocme.com
- ♦ Registration is available online at www.russocme.com
- ♦ Debit Cards accepted
- ♦ Early Registration post marked by August 15
- ♦ Regular Registration post marked by September 3
- ♦ Additional \$20 for Registration at door or after September 3
- ♦ Any Questions please call 509-989-9800 or email russocme1@gmail.com

LOCATION / HOTELS

Red Lion Hotel at the Park

303 W NORTH RIVER DR.
 SPOKANE, WA 99201

The Red Lion Hotel has quoted attendees a discounted rate. Please mention the 'Spokane Pain Confernece' when booking your room.

- ♦ Red Lion Hotel - \$99/night - 509-326-8000

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